

# PROVIDER PROFILE

## Erin K. Martinache, LICSW



### Behavioral Health

Erin Martinache is a licensed social worker who joined the staff at MGH Olympic Physicians in November of 2015. Before that she worked as a therapist at a local mental health clinic for 9 years.

Erin started her career in 1991 as a Community Mental Health/Social Work case manager working with individuals diagnosed with chronic and persistent mental illness in Oregon. Then she worked as Residential Coordinator for group homes and foster homes serving people in Eastern and Central Oregon.

When not at her practice, Erin enjoys running and hiking with her dogs and spending time with family. From 1997 to 2016 she was a volunteer firefighter.

### Special Interests

Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Eye Movement Desensitization, Reprocessing Therapy, talk therapy, stress management, mindfulness, meditation

### Practice

Mason Clinic – Primary Care  
1701 N. 13th Street  
Shelton, WA 98584  
(360) 426-2653

### Medical Degree

BA, Whitman College, Walla Walla, WA 1991  
MA, Social Work, Portland State University, Portland, OR, 2004

### Certification

Licensed Independent Clinical Social Worker



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11/2021