

PROVIDER PROFILE

Benjamin May, DO



Primary Care

Dr. Benjamin May, DO, grew up in Washington and completed medical school at Pacific Northwest University of Health Sciences in Yakima in 2017. He finished his residency through the Providence St. Peter Family Medicine Chehalis Rural Training Program. Dr. May trained specifically in a rural medicine residency because he wanted to be able to understand and best serve communities in rural areas. He strongly believes that with patient-centered and evidence-based care, people can achieve better health and happiness in the long term. Dr. May has special interest in treating the entire family and also can use osteopathic manipulation to treat musculoskeletal and sports injuries. Away from medicine, he enjoys spending time with his family, hiking, cycling, soccer, anything outdoors, and listening to and making music with the guitar and piano.

Special Interests

Medicine for all ages, sports medicine, osteopathic manipulation, procedures (skin procedures, biopsies, joint and trigger point injections), evidence-based medicine

Practice

Mason Clinic
1701 N. 13th Street
Shelton, WA 98584
(360) 426-2653

Medical Degree

Pacific Northwest University College of Osteopathic Medicine, Yakima, Wash., 2017

Residency

Chehalis Family Medicine, Chehalis, Wash., 2020

Certification

Board Certified, Family Medicine



Mason Health
Mason General Hospital • Mason Clinic



United Community, Empowered People, Exceptional Health

Public Hospital District No. 1 • POB 1668, 901 Mountain View Drive, Shelton, WA 98584. (360) 426-1611, from Allyn (360) 275-8614, Toll-free (855) 880-3201, TTY/TDD (360) 427-9593.

Mason Health does not discriminate on the basis of patient's age, race, ethnicity, national origin, gender identity or expression, sexual orientation, religion, culture, physical or mental disability, financial status or condition (including the terminally ill or dying), limited English, visual, hearing or learning impaired. www.MasonGeneral.com