

PROVIDER PROFILE

Katie Aldrich, PMHNP-BC



Behavioral Health

Katie Aldrich joined the staff at Mason Health in 2020. Aldrich is a Psychiatric Mental Health Nurse Practitioner who graduated in the top of her class from Gonzaga University in Spokane. She has worked as a registered nurse and a regional psychiatric nurse in correctional and hospital settings since 2005. Through her nursing career, she has 14 years of mental health experience.

Aldrich enjoys caring for individuals across the lifespan and believes in working with her patients to assist individuals to attain their highest level of whole body health: mind, body, and spirit. She enjoys spending time with her family and being outdoors.

Special Interests

Whole body health care, working with child adolescent population

Practice

Mason Clinic - Primary Care
1701 N. 13th Street
Shelton, WA 98584
(360) 426-2653

Medical Degree

BSN, South Dakota State University, Sioux Falls, South Dakota, 2005
MSN, Gonzaga University, Spokane, Washington, 2019

Certification

Board Certified, Psychiatric Mental Health Nurse Practitioner



Mason Health
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