# TERMINAL OR END OF LIFE CARE

### **PURPOSE**

Respectful and responsive care is provided to the dying patient and the patient's family to provide comfort and dignity at end of life.

### **POLICY**

- Withdrawal of life support does not prevent provision of optimal care (see Withdrawal or Withholding Life Support and Resolution of Conflict of Care Issues policy).
- 2. Patients have the right to accept or refuse all treatments (see Patient Rights-Management policy).
- 3. Do Not Resuscitate does not mean no care.
- 4. Utilize a holistic approach to ensure interventions for any symptoms are provided or withheld according to the wishes of the patient or the surrogate decision maker.
- 5. Comfort care will include:
  - a. Managing pain aggressively and effectively.
  - b. Providing sedation if appropriate to patient's condition
- 6. Sensitively address issues such as autopsy.
- 7. See Organ and Tissue Donation\_policy
- 8. Respect patient's values, religion, culture, and philosophy by involving the patient/family when appropriate in every aspect of care and decision making, responding to the psychological, social, emotional, spiritual, and cultural concerns of the patient and the family.
- 9. Allow and support patient/family grief practices as much as is safe.
- 10. Offer to family and/or friends. Bereavement packet
- 11. Treatment and care are fully explained to the patient and family and documented.

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- 12. The hospital will demonstrate respect for the following patient needs:
  - a. Confidentiality
  - b. Privacy
  - c. Security
  - d. Resolution of complaints
  - e. Pastoral, counseling
  - f. Communication
- 13. Staff will initiate a referral to Patient Resources for patient/family as appropriate.
- 14. Ethics committee members are available for ethical dilemmas. See Ethics: How to call a case review policy.
- 15. MGHFC respects a patient right to participate in the Death with Dignity Act. See related policy- Death with Dignity
- 16. Encourage and facilitate Care Conferences when appropriate. See Multidisciplinary Patient Care Conference Policy
- 17.17. Angel trays (snacks, coffee, tea) available to order for family/friends if patient is at end of life.

Alternate Search Words: death, dying, terminal, comfort care, no code, comfort measures

#### **Referenced Documents**

Multidisciplinary Patient Care Planning. MGHFC policy. August 15, 2017.

Withdrawl or Withholding Life Support and Resolution of Conflict of Care Decisions. MGHFC policy. March, 2, 2015

Formulated Date: 2/10/2010