

Mission

United Community,
Empowered People,
Exceptional Health

Vision

Provide the best
patient-centered care in the
Pacific Northwest

Values

Service & Relationships



PRACTICE
Greenhealth®

"I received excellent care from the Mason General Hospital physical therapy group. Their outstanding professionalism, knowledge and ability to apply that knowledge were extremely effective in rapidly returning me to a normal life after my knee replacement, two days before my 87th birthday. Special thanks go to their supervisor Cheryl Woods and PT Keith Schmidt. It was amazing how their professionalism buoyed me back to normal, confident and painless use of my leg, and so quickly. This community is most fortunate in having this exceptional talent within our midst."

– Anonymous

"The Mason Health Rehabilitation Services staff has been supporting us through every single step of my son, Pride's, journey. I can never be grateful enough for their unwavering commitment and love to their profession and their people. Their speech language pathologist and occupational therapist took a special in-depth course on Food Therapy specifically to help my son and another patient. We are just so grateful."

– Maria Littlesun, Shelton

Visit us online at:
www.masonhealth.com

Follow us on social media



Rehabilitation Services

Cedar Building
939 Mountain View Drive
Shelton, WA 98584-5001

(360) 427-9545

Mason General Hospital

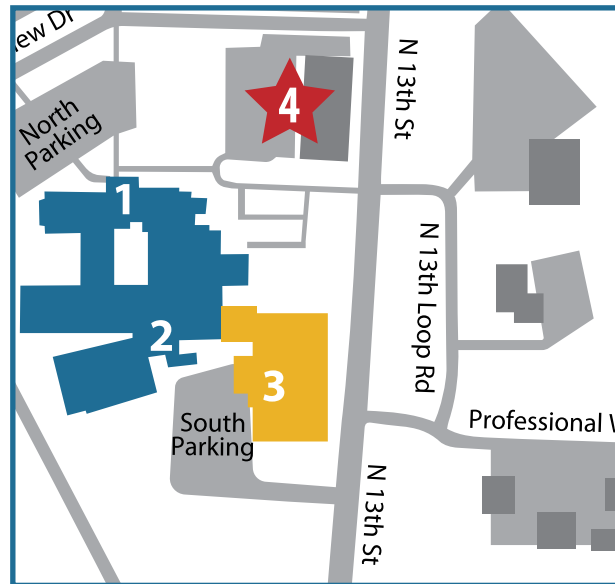
901 Mountain View Drive
PO Box 1668
Shelton, WA 98584-5001

Shelton (360) 426-1611
From Allyn (360) 275-8614
Toll-free (855) 880-3201
TTY/TDD (360) 427-9593

Mason Clinic

1701 N. 13th Street
PO Box 1668
Shelton, WA 98584-5001

(360) 426-2653
Toll-free (800) 824-8885



- 1 Mason General Hospital Emergency Entrance**
- 2 Mason General Hospital Main Entrance**
- 3 Mason Clinic**
- 4 Rehabilitation Services**

www.masonhealth.com • 901 Mountain View Drive, Shelton, WA 98584 • (360) 426-1611, from Allyn (360) 275-8614, Toll free (855) 880-3201, TTY/TDD (360) 427-9593. Equal Opportunity Provider • Free Translation Services Provided/Se habla español • Mason Health informs the public, patients, and employees that the agency does not discriminate on the basis of a patient's age, race, color, ethnicity, national origin, sex (including pregnancy, gender identity or expression, sexual orientation), religion, culture, physical or mental disability, financial status or condition (including the terminally ill or dying), limited English, visual, hearing or learning impaired.

06/2023 500



Mason Health
Mason General Hospital
Mason Clinic

Rehabilitation Services at Mason Health



What is Physical Therapy?

Physical therapy helps patients reduce their pain and improve their mobility and function. Physical Therapists guide patients with a variety of conditions to restore function for large muscle activities.



Physical Therapy Assistant Kyle Hoggard helps a patient in Rehabilitation Services.

What is Occupational Therapy?

Occupational Therapy helps patients increase their safety and independence with their daily activities. Occupational therapists focus on optimizing patients' functional use of their hands, wrists, elbows, and shoulders.



The new Rehabilitation Services location features more strength training equipment for patients, which means shorter wait times during appointments.

What is Speech Language Therapy?

Speech Therapy helps infants, children, and adults to improve swallowing, communication skills and brain function to promote independence. Speech Language Pathologists work with patients who have had a stroke, or suffer from other neurological, developmental, or medical challenges.

On the cover: Rehabilitation Services employees stand outside of their new location, the Cedar Building, during the site's grand opening celebration last December. Standing, from left: Rehab Aide Cynthia Morrow; Physical Therapist Larry Messenger, PT, MPT; Office Assistant Jo Anna Rasmussen; Rehab Aide Robin Boerner; Physical Therapy Assistants Kyle Hoggard and Diana Franckowiak; Physical Therapist Mike Barnett, PT, MPT, OCS, ATC; Rehabilitation Services Director Cheryl Woods, PT; Physical Therapist Ryan Hill, PT, DPT, ATC; Office Assistant Veronica McKay; Physical Therapist Jeff Frisse, PT, DPT; Speech Language Pathologist Monica Vinson, MS, CCC-SLP; Physical Therapist John Takagi, PT, DPT; and Office Assistant Kristina Vocum. Seated, from left: Rehab Aide JR Guillermo Delgado; Speech Language Pathologist Erin Henley, CCC-SLP, Occupational Therapist Sydney Radcliff, OTR/L; Physical Therapist Ashley Auseth, PT, DPT; and Office Assistants Hailey Jenkins and Beth Bueno.

Pediatric Services

Mason Health's Pediatric Services include physical therapy, occupational therapy and speech language therapy. Our pediatric services include serving patients with:

- Developmental delays
- Speech delays
- Congenital movement disorders, such as cerebral palsy
- Speech and developmental delays due to Autism Spectrum Disorder, working closely with the Mason County School Medical Autism Review Team (SMART) for diagnosis and therapy



Mason Health's Rehabilitation Services Department features a dedicated pediatric therapy space, with a climbing wall and other elements to help young patients develop.



Rehabilitation Services features private spaces for therapists to work closely with patients on fine motor and language skills

Falls Prevention and Community Outreach:

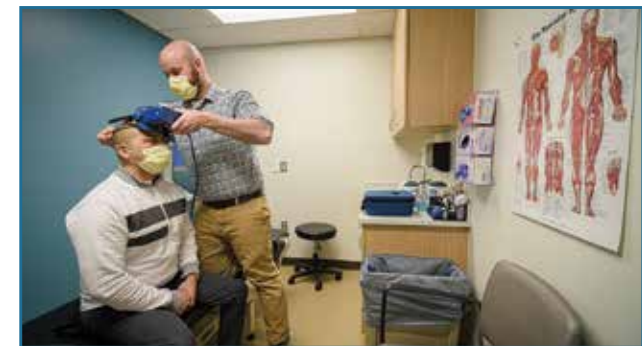
Mason Health Rehabilitation Services staff assist with workshops and classes out in the community, at locations such as the Mason County Senior Activities Center and the Shelton Family YMCA. Look for falls prevention resources at the Mason County Senior Activities Center in Shelton or the HUB Center for Seniors in Belfair, as well as balance classes at the Shelton Family YMCA. Classes and a support group for people with Parkinson's Disease, including Loud Crowd, are happening at the Mason County Senior Activities Center. Contact local organizations or follow us on Facebook for updates!



Rehabilitation Services Director Cheryl Woods teaches a Better Balance Class at the Shelton Family YMCA.

We can help:

Mason Health's Rehabilitation Services can help evaluate and treat a variety of issues, including vertigo, joint and muscle pain, post-orthopedic surgery and more. Early intervention is the key to successful treatment. Many injuries or chronic conditions can be successfully treated with proper physical, occupational or speech therapy. Talk to your provider today about obtaining a referral to Mason Health's Rehabilitation Services. Your provider does not need to be a Mason Health provider to refer to Mason Health's Rehabilitation Services.



Physical Therapist Ryan Hill uses Rehabilitation Services' new vestibular rehabilitation equipment to treat a patient with vertigo.