

HOW TO WEAR A MASK



Mason Health
Mason General Hospital
Mason Clinic



ENSURE THE PROPER
SIDE OF THE MASK FACES
OUTWARD – COLORED
SIDE FOR MEDICAL
MASKS AND PATTERNED
SIDE FOR CLOTH MASKS



ENSURE IT COVERS THE
NOSE AND MOUTH
FULLY



SECURE THE STRINGS
BEHIND YOUR HEAD OR
OVER YOUR EARS



FOR MEDICAL MASKS
PRESS THE METALLIC
STRIP TO FIT THE SHAPE
OF THE NOSE



IF USING A CLOTH MASK,
MAKE SURE IT FITS TIGHT
AROUND YOUR NOSE
AND MOUTH AT ALL
TIMES