

2024 Goldsborough Creek Run/Walk/Jog

A Mason County Forest Festival Event • Sponsored by Centennial Guild

ENTRY FORM (One Entry per Form)

To register on-line, go to **www.RunSignUp.com** or mail entries by May 23 with Entry Fee payable to:
Centennial Guild, c/o 2040 SE Lynch Rd, Shelton, WA 98584.

Name _____ Phone (____) _____
Please Print: Last Name First

Address _____ City _____

State / Zip _____ E-Mail _____

Category: Male Female Age ____ Birthdate (M/D/Y): ____/____/____

Age Group: 3-5 6-9 10-14 15-19 20-29
 30-39 40-49 50-59 60-69 70 +

Event: Mark one per entry form.
 2-Mile Run or Walk
 7-Mile Run 7-Mile Walk
 1/4 Mile (for ages 65+; not chip timed)
 1/4-Mile Jr. Jog (for 3-8 years; not chip timed)*
**Note: Jr. Jog is non-competitive for division awards. All participants, except junior joggers, eligible for random prizes. Must be present to win.*

Fees: Walk or Run Registration Fee (Pre-May 08) \$25 \$ _____
 Walk or Run Registration Fee (Post-May 08) \$30 \$ _____
 Day of Race Registration Fee \$35 \$ _____
 1/4 Mile (Ages 65+) Registration Fee..... \$20 \$ _____
 Junior Jog (Ages 3-8) Registration Fee..... \$15 \$ _____
 Family/group discount: Call (360) 426-9412 or email **LDShrum@hotmail.com** prior to May 15.

Total Enclosed (Write checks/MOs to Centennial Guild) \$ _____

Payment by Cash Check # _____ Money Order

By signing, I agree that I have read, understand and accept the waiver of liability.

Date: _____

Signed: _____

2024 Goldsborough Creek KRISTI ARMSTRONG MEMORIAL EVENT

Saturday, June 1, 2024
A Mason County Forest Festival Event
Shelton, Washington

- 7-Mile Run or Walk
- 2-Mile Run or Walk
- 1/4-Mile (Ages 65+)
- 1/4-Mile Junior Jog

Sponsored by Centennial Guild
A Chapter of Mason General Hospital Foundation
www.MasonGeneral.com

Presenting Sponsor:



RELEASE AND WAIVER OF LIABILITY

By my signature on reverse, I execute the following release and waiver of liability and assumption of risk and indemnification in favor of Mason General Hospital Foundation, a Washington non-profit corporation organized and existing under the laws of the State of Washington, USA, its affiliates and associated parties including but not limited to Centennial Hospital Guild, Mason County Forest Festival Association, the City of Shelton, Mason County, and all entities' directors, Officers, employees, volunteers and agents (collectively "MGH"). In consideration of acceptance of this entry from authorizing participation by myself/my minor child in the Goldsborough Creek Run/Walk (hereinafter "Event"), I execute this waiver/release and assumption of risk/indemnification on behalf of myself, my heirs, executors, administrators, and all other parties including my marital community, and any other individual with parental/guardianship interests. I/my child desire to participate in the Event. I understand that participation in the Event presents elements of risk, including but not limited to risk of injury, harm, illness, death and property damage. I understand that I bear the responsibility of ensuring that I/my child am/is medically able and properly trained to participate in the Event. I hereby freely, voluntarily, of my own will (and after consultation with and approval by my spouse and/or any other individual with parental/guardianship interests in the case of Event entry by my minor child), agree to release, forever discharge and hold harmless and indemnify MGH from any liability with respect to any claim that may arise, related in any way to my/my child's participation in the Event. **I intend this release, waiver, indemnification and assumption of risk to be as broad in its extent and purpose as the law will allow, including claims arising from MGH's negligence.**

I authorize the provision of medical care/treatment as deemed necessary by MGH, and intend this waiver to apply to any treatment or other medical services rendered in connection with my/my child's participation in the Event. I understand that MGH does not carry or maintain, and expressly disclaims responsibility for providing any health, medical or disability insurance coverage for Event participants. Each participant is expected and encouraged to carry insurance prior to participating in the Event.

I have read this entire Release and understand all of the provisions. I understand that I may consult with independent legal counsel before signing this agreement if I have any questions or concerns.

2024 Goldsborough Creek Run/Walk/Jog

A Mason County Forest Festival Event • Sponsored by Centennial Guild

7-Mile Run or Walk • 2-Mile Run or Walk • 1/4-Mile Junior Jog • 1/4-Mile (Ages 65+)

Course:

- Run and Walk events start at the Shelton Valley Christian School on Shelton Valley Road. The Junior Jog & 1/4-Mile (Ages 65+) starts at 7th Street and Railroad Avenue.
- All events finish at 2nd & Railroad.
- All Run/Walk participants must check in prior to 7:30 a.m. (7-Mile walkers by 6:30 a.m.) at the registration table.
- Junior Joggers and 1/4-Mile (Ages 65+) check in by 9:00 a.m. All participants must wear a competitor number provided by the sponsor.
- From Highway 101 take the Shelton/Matlock Road exit and turn east toward the city center. No parking is allowed on Railroad Avenue due to the race and parade. From registration, participants will be transported by shuttle bus to the start lines. The last shuttle leaves the Post Office at 7:40 a.m.
- All participants must sign the **Release and Waiver of Liability** form (see attached) to participate in the run/walk/jog.
- Due to liability, no dogs on course.
- For more information, entry forms, or post-race results, go to www.MasonGeneral.com/Community/Events or www.masoncountyforestfestival.org.

Sponsors



Armstrong & Armstrong
Christmas Trees



Registration:

No refunds.

- Day-of-race registration begins at 6:00 a.m.
- On-line registration requires use of credit card. A processing fee will apply. Powered by www.RunSignUp.com, by May 28th.
- Electronic chip timing by Peak Performance.



Date/Place:

Saturday, June 1, 2024

Shelton, Washington

Check-in begins at 6:00 a.m. at 2nd and Railroad

- 7:00 a.m. Goldsborough Creek 7-Mile Walk starts
- 8:00 a.m. Goldsborough Creek 2-Mile Run/Walk starts 7-Mile Run starts
- 9:15 a.m. Junior Jog starts at 7th Street and Railroad Ave.
- 9:30 a.m. 1/4-Mile (Ages 65+) starts at 7th Street and Railroad Ave.
- 9:45 a.m. Goldsborough Creek Run Awards and random prizes presented at the finish line area
- 11:00 a.m. Mason County Forest Festival Paul Bunyan Parade starts

Questions?

Contact Linda Shrum at (360) 426-9412 or email her at LDShrum@hotmail.com

Proceeds benefit

The Kristi Armstrong Memorial Scholarship
(in memory of *Kristi Armstrong, R.N.*, long time Centennial Guild member and beloved nurse at Mason General Hospital)