



# Mason Health

Mason General Hospital • Mason Clinic  
November 2023



# What's Happening!

## MGH Foundation News

Save the Date!

Mason General Hospital Foundation presents  
**Business Luncheon & Confections Auction!**  
Friday, Nov. 17 • 11 am to 2 p.m.  
The Ridge Motorsports Park  
1060 West Eels Hill Road, Shelton

Fall Events Silver Level Sponsors  
Heritage BANK OURCU

**Please Join Us!** Mason General Hospital Foundation is bringing back another one of its signature fundraising events this fall – the **Business Luncheon & Confections Auction** – which will take place on Friday, Nov. 17, from 11 a.m. to 2 p.m. at the Ridge Motorsports Park, 1060 West Eels Hill Road in Shelton (just off State Route 102 by the airport).

The event will raise funds for a STERIS 4085 General Surgical Table and a new Stryker LD304 Birthing Bed for Mason Health.

"Mason General Hospital Foundation is proud to bring back, by popular demand, our Business Luncheon & Confections Auction," said **Eileen Bailey**, president of the MGHF Board of Directors and co-chair for the event. "We are excited to celebrate with the community once again, while raising funds for much-needed medical equipment for Mason Health. Please join us at this upcoming event to help us celebrate Mason Health's 55th Anniversary of caring for our patients and community members."

Purchase tickets online at [www.masonhealth.com](http://www.masonhealth.com) or call the Mason General Hospital Foundation Office at 360-426-3623. Questions can be emailed to [foundation@masongeneral.com](mailto:foundation@masongeneral.com).



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[spsgives.org](http://spsgives.org)



## Give Local happening this month!

Mason General Hospital Foundation is once again participating in the Community Fund of South Puget Sound's annual fundraising event, **Give Local!**

From Nov. 6 until Nov. 17, please make a gift to Mason General Hospital Foundation through our Give Local page, to help us attain matching dollars. Every gift counts, no matter the size. There are no credit card fees associated with giving through Give Local online. Questions? Please send an email to [foundation@masongeneral.com](mailto:foundation@masongeneral.com).

## Special Kudos

**Congratulations** to **Shelby Powell**, CNA, for being selected as the October 2023 *Employee of the Month!*



## News Briefs

### Mason Health celebrated its 55th Anniversary with two special art events



Community members and Mason Health staff visited Mason Clinic-Hoodsport for a tour of the new historic photographs on display, restored by Cooper Studios in Shelton, on Wednesday, Sept. 6.

Mason Health celebrated its **55th Anniversary** with two special events these past two months honoring our local history – an art viewing and open house featuring Mason Clinic-Hoodsport, at Fjord Oyster Bank, on Sept. 6, and an art viewing and Physical Therapy Month celebration at the Cedar Building, home of Rehabilitation Services, on Oct. 9.

Both events shared with the public new historic photographs on display at our buildings, beautifully restored by Cooper Studios in Shelton. Cooper Studios also created the new art installation at the Cedar Building reception area. Funding for these projects was made possible by the Mason General Hospital Foundation Arts Commission and grants from the Mason County Historic Preservation Commission. The Mason County Historical Society provided guidance and information for the project as well.

Mason Health is proud of our ties to the community and is looking forward to another 55-plus years of serving our patients and community!



Above: Mason Clinic-Hoodsport staff **Catherine Shutty**, ARNP; **Michelle Souza**, MA-C; **Richard Emele**, MA-C; and medical assistant apprentice **Kiely Roath** stand in front of one of the historic photographs now on display at Hoodsport clinic.

Below: Community members, Mason Health staff, Mason General Hospital Foundation board members, MGHF Arts Commission members and District leadership, along with Cooper Studios' **Amy** and **Forrest Cooper** stand in front of the new art installation at the Cedar Building on Oct. 9, in celebration of the new art, Mason Health's 55th anniversary and Physical Therapy Month.



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## Staffing Updates

### Welcome New Provider, Dr. Justin Anderson



**Justin Anderson**, MD, joins Mason Clinic-Orthopedics through a partnership with Olympia Orthopaedic Associates. Dr. Anderson will practice orthopedic medicine at Mason Clinic twice a week and will perform surgeries once a week at Mason General Hospital. Please call Mason Clinic-Orthopedics at 360-426-2653 to make an appointment.

Dr. Anderson was born and raised in Monmouth Beach, NJ and joined the team at Olympia Orthopaedic Associates in the fall of 2023. He completed his undergraduate education at the University of Rochester in Rochester, New York, and attended Columbia University for medical school. He then relocated to the Pacific Northwest for his internship and residency training at Madigan Army Medical Center on Joint Base Lewis-McChord.

When Dr. Anderson is not seeing patients, he enjoys playing pickleball, running, snowboarding, cooking, and spending time with his family. Please join us in welcoming Dr. Anderson to Mason Health!

## DO A PROVIDER SEARCH

Go to [www.masonhealth.com](http://www.masonhealth.com) and click on FIND A PROVIDER in the top menu. Enter a Provider's Name or Specialty for a list of providers.

## Classes and Workshops

### Cancer Wellness Workshop

Mason Health, in partnership with **Harmony Hill Retreat Center** and with the financial support of the **Karen Hilburn Cancer Fund**, is hosting virtual cancer support groups. For more information, call 360-432-7706 or email [patientnavigator@masongeneral.com](mailto:patientnavigator@masongeneral.com).

**Time:** 4 to 6:30 p.m., second Wednesday of the month  
**Location:** ZOOM or conference call  
**Cost:** Free

### Loud Crowd Speech Therapy Class

Lead locally by Mason Health's **Monica Vinson**, Speech Language Pathologist, this national program provides speech therapy and socialization for persons with Parkinson's.

**Time:** 12:30 p.m., every first and third Tuesday of the month  
**Location:** Mason County Senior Activities Center, 190 W. Sentry Drive, Shelton  
**Cost:** Free

### Traumatic Brain Injury (TBI) Support Group

Join Mason Health Speech Language Pathologist **Monica Vinson**, MS, CCC-SLP, for a new support group for people living with a traumatic brain injury.

**Time:** 1 to 2 p.m., the second Tuesday of every month  
**Location:** Mason Health meeting room at the Shelton Family YMCA, 3101 N. Shelton Springs Road, Shelton  
**Cost:** Free

All subject to change.

## Current Safety Guidelines

**Visiting Hours are 8 a.m. to 8:30 p.m.**

Please enter at the Mason General Hospital Main Entrance. After hours, please use the Emergency Department entrance.

Our website has the most up-to-date visiting hours and guidelines: [www.masonhealth.com](http://www.masonhealth.com)

Thank you for choosing Mason Health for your care!

## Mason Health

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**Mission**  
United Community, Empowered People, Exceptional Health

**Vision**  
Provide the best patient-centered care in the Pacific Northwest.

**Values**  
Service & Relationships