



# Mason Health

Mason General Hospital • Mason Clinic

March 2025

# What's Happening

## News Briefs

### Weston retires, Brady appointed to Board of Hospital Commissioners

After eight years of outstanding and dedicated leadership, serving as a Hospital District No. 1 Board of Commissioner, **Gayle Weston** has retired. Weston, formerly a branch manager for the Key Bank branch in Shelton, was appointed to fill the position after **Nancy Truckness** retired in 2017. Current board members, President **Don Welander** and Secretary **Darrin Moody**, recently appointed **Lori Brady** to replace Weston.



Gayle Weston

"I am grateful to Gayle for her leadership and support as a long-term commissioner," said President Welander. "During her tenure she has been a strong and consistent presence. She was an essential member of the team; her efforts helped to move the Hospital District forward on several key programs and strategies. She will be greatly missed."

"Gayle's leadership and service Mason Health and our community is unparalleled," said Mason Health CEO **Eric Moll**. "She has been integral to the success of our District's strategy via the Finance Committee and a positive advocate for our community by serving on the Mason Health Foundation's board and participating in many District, Foundation and community events. It has been an honor working with Gayle over the years and we were fortunate to have someone of her caliber as a member of our Mason Health team representing our community locally and nationally within the health care sector."

Moll added: "Her unwavering commitment to advancing our mission, vision and values leaves a significant legacy for new community leaders who are joining our teams here at Mason Health."

The newly appointed commissioner, **Lori Brady**, has lived in Mason County for 38 years and raised her family here in Shelton. She has two sons and three grandsons.



Lori Brady

"I am looking forward to officially welcoming Lori to the Board," President Welander said. "I am confident in her ability to lead with passion and build upon Gayle's legacy of community partnership and patient advocacy with her own unique style of leadership and professionalism."

Brady joins the District's Board of Hospital Commissioners with more than three decades of experience in the real estate industry. Brady believes that providing the best service means keeping herself accessible and being a good listener and communicator.

"I am honored to accept the appointment to Public Hospital District No. 1 of Mason County's Board of Hospital Commissioners," Brady said. "It is a privilege to serve our community in this capacity and to contribute to the mission of providing high-quality healthcare to all."



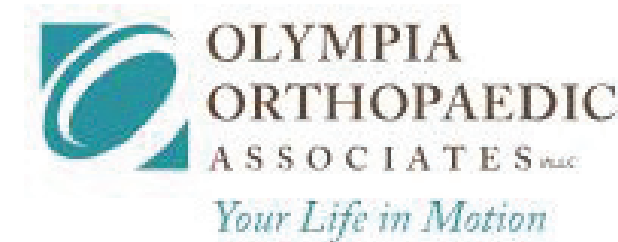
### Seeking sponsors, players and volunteers for Quality Care Open!

Mason Health Foundation is excited to return to Alderbrook Golf & Yacht Club for the **Quality Care Open** on **Friday, July 11!**

The Foundation thanks **CDW Healthcare** as our Platinum Level sponsor, and our Gold Level sponsors – **IMA Group**, **OAC Services, Inc.**, **Olympia Orthopaedic Associates**, and **Our Community Credit Union** – for supporting quality health care in Mason County!



Scan this **QR code** to register for the golf tournament and email [foundation@masongeneral.com](mailto:foundation@masongeneral.com) if you are interested in sponsoring or volunteering at this event!



## Special Kudos

**Congratulations** to **Tim Cation**, MA-C, for being named the February 2025 *Employee of the Month!*



Look for the **March 2025 issue of SCOPE** in mailboxes **this month!**

Read about new primary care providers and volunteer and job shadowing opportunities.

## DO A PROVIDER SEARCH

Go to [www.masonhealth.com](http://www.masonhealth.com) and click on **FIND A PROVIDER** in the top menu. Enter a Provider's Name or Specialty for a list of providers.

## Classes and Workshops

### Cancer Wellness Workshop

Mason Health, in partnership with *Harmony Hill Retreat Center* and with the financial support of the *Karen Hilburn Cancer Fund*, is hosting virtual cancer support groups. For more information, call 360-432-7706 or email [patientnavigator@masongeneral.com](mailto:patientnavigator@masongeneral.com).

**Time:** 4 to 6:30 p.m., second Wednesday of the month

**Location:** ZOOM or conference call

**Cost:** Free

### SPEAK OUT Therapy Program

Lead locally by Mason Health's **Monica Vinson**, Speech Language Pathologist, the **SPEAK OUT**® Therapy Program, developed by the Parkinson Voice Project®, helps people with Parkinson's regain and retain their speech and swallowing. This evidence-based program combines ongoing education for the patient and family, individual and group speech therapy, daily home practice and re-evaluations.

**Time:** 12:30 p.m., every first and third Tuesday of the month

**Location:** Mason County Senior Activities Center, 190 W. Sentry Drive, Shelton

**Cost:** Free

### Traumatic Brain Injury (TBI) Support Group

Join Mason Health Speech Language Pathologist **Monica Vinson, MS, CCC-SLP**, for a new support group for people living with a traumatic brain injury.

**Time:** 1 to 2 p.m., the second Tuesday of every month

**Location:** Mason Health meeting room at the Shelton Family YMCA, 3101 N. Shelton Springs Road, Shelton

**Cost:** Free

Join our **health care team!**

Mason Health is hiring **Registered Nurses** and **Medical Assistants**.

**GREAT BENEFITS**  
Subject to terms and conditions

Apply online at: [www.masongeneral.com/careers](http://www.masongeneral.com/careers) or call 360-427-9575

Full-time and Per Diem Positions Available

**Significant Sign-On Bonuses!**

Sign up for **Pulse**

Email: [foundation@masongeneral.com](mailto:foundation@masongeneral.com)

Follow us on social media

**Current Safety Guidelines**

All subject to change.

**Visiting Hours are 8 a.m. to 8:30 p.m.**

Please enter at the Mason General Hospital Main Entrance. After hours, please use the Emergency Department entrance.

Our website has the most up-to-date visiting hours and guidelines: [www.masonhealth.com](http://www.masonhealth.com)

**Mason Health**  
901 Mountain View Drive, PO Box 1668, Shelton, WA 98584  
360-426-1611, from Allyn 360-275-8614  
Toll free 1-855-880-3201 • TTY/TDD 360-427-9593  
[www.masonhealth.com](http://www.masonhealth.com)

Equal Opportunity Provider • Free Translation Services Provided/Se habla español

Accredited by DNV-GL Healthcare

Mason Health informs the public, patients, and employees that the agency does not discriminate on the basis of a patient's age, race, color, ethnicity, national origin, sex (including pregnancy, gender identity or expression, sexual orientation), religion, culture, physical or mental disability, financial status or condition (including the terminally ill or dying), limited English, visual, hearing or learning impaired.

**Practice Greenhealth**

**Mission**  
United Community, Empowered People, Exceptional Health

**Vision**  
Provide the best patient-centered care in the Pacific Northwest.

**Values**  
Service & Relationships

2024 Practice Greenhealth **GREENING THE OR RECOGNITION** AWARD

2024 Practice Greenhealth **MAKING MEDICINE MERCURY FREE** AWARD

2024 Practice Greenhealth **GREENHEALTH PARTNER FOR CHANGE** AWARD