



Mason Health

Mason General Hospital • Mason Clinic
April 2025

What's Happening

News Briefs

Construction Updates

As of March 19, 2025



Mason Health will be undergoing a series of construction projects beginning this spring in alignment with the District's Campus Master Plan. These projects will further Mason Health's Mission of United Community, Empowered People, Exceptional Health by expanding services for patients, ensuring the District can continue to provide the best patient-centered care in the Pacific Northwest.

- **Cafeteria Closure:** The cafeteria will be closed to the public April 1 to June 30. Visitors and members of the public are encouraged to plan ahead and bring alternative food options.
- **Mason Clinic-Eye Care Waiting Area Closure:** The waiting area near Mason Clinic-Eye Care will be closed to the public April 15 to June 30, as the clinic expands the Eye Care service area. Patients will be redirected to wait in the main lobby of Mason Clinic.
- **Mason Clinic Conference Room Closures and Diagnostic Imaging & MRI Suite Relocation and Remodel:** Mason Health's Ellinor and Pershing meeting rooms will close temporarily, starting April 15, and will be relocated to a new location Dec. 18.

If there are any questions or concerns regarding the construction projects, please contact the District's Marketing and Communications Office at marketing@masongeneral.com.

Visit www.masonhealth.com for the latest updates.



Mason Health Foundation
QUALITY CARE OPEN
ANNUAL GOLF TOURNAMENT



Scan this QR code to register for the golf tournament and email foundation@masongeneral.com if you are interested in sponsoring or volunteering at this event!

Sponsors as of March 19, 2025

Seeking sponsors, players and volunteers for Quality Care Open!

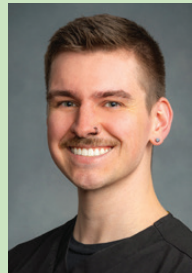
Mason Health Foundation is excited to return to Alderbrook Golf & Yacht Club for the **Quality Care Open** on **Friday, July 11!**

The Foundation thanks **CDW Healthcare** as our Platinum Level sponsor, and our Gold Level sponsors – **Abbott Construction, Capital Business Machines/Sharp, IMA Group, Lucky Eagle Casino & Hotel, OAC Services, Inc., Olympia Orthopaedic Associates, and Our Community Credit Union** – for supporting quality health care in Mason County!



Special Kudos

Congratulations to Zach Chomicki, Dietitian, for being named the March 2025 *Employee of the Month*.



Mason Health Foundation's Auxiliary and Centennial Guild chapters offer scholarships; Deadlines to submit soon

The **Mason Health Foundation's Auxiliary and Centennial Guild chapters** are offering scholarships for any Mason County student pursuing a career in health care. The Auxiliary scholarships are also open to Mason Health employees, and the Centennial Guild scholarship is open to Mason County residents and workers.



Mason Health Foundation

Foundation Auxiliary Health Care Scholarship

If you are a Mason Health employee (part-time or full-time), or a Mason County high school student graduating this year, you may apply for the Foundation Auxiliary scholarship. High school applicants must be pursuing a career in the health care or computer science field, while Mason Health employees need to be pursuing higher education in the medical field.

All Auxiliary scholarship applications must be postmarked or received by Friday, April 18, at 4 p.m. in order for your application to be considered. For questions about

the Auxiliary scholarship application process, please contact **Carol Goodburn**, Foundation Auxiliary Treasurer, at 360-426-8433.

Foundation Centennial Guild Kristi Armstrong Memorial Scholarship

The Centennial Guild is excited to provide scholarships to those who live or work in Mason County and are dedicated to pursuing education in the medical field. This scholarship, in memory of late Mason General Hospital nurse **Kristi Armstrong**, caters to applicants of all ages, including 2025 high school graduates, current college students, individuals contemplating a career change, or professionals seeking advancement in their medical careers.

All Centennial Guild application submissions are due by April 27, 2025. If you have any questions about the scholarship or scholarship selection process, please contact centennialguild@yahoo.com.

All scholarships can be accessed at <https://www.masonhealth.com/careers> or by connecting with your high school career counselor.



Mason Health thanks all of our volunteers during **Global Volunteer Month and National Volunteer Week!**
Thank you for all you do!



DO A PROVIDER SEARCH

Go to www.masonhealth.com and click on **FIND A PROVIDER** in the top menu. Enter a Provider's Name or Specialty for a list of providers.

Sign up for **Pulse**
Email: foundation@masongeneral.com

Current Safety Guidelines



Visiting Hours are 8 a.m. to 8:30 p.m.
Please enter at the Mason General Hospital Main Entrance. After hours, please use the Emergency Department entrance.
Our website has the most up-to-date visiting hours and guidelines:
www.masonhealth.com

Mason Health
901 Mountain View Drive, PO Box 1668, Shelton, WA 98584
360-426-1611, from Allyn 360-275-8614
Toll free 1-855-880-3201 • TTY/TDD 360-427-9593
www.masonhealth.com

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Mason Health informs the public, patients, and employees that the agency does not discriminate on the basis of patient's age, race, color, ethnicity, national origin, sex, including pregnancy, gender identity or expression, sexual orientation, religion, culture, physical or mental disability, financial status or condition (including the terminally ill or dying), limited English, visual, hearing or learning impairment.



Mission
United Community, Empowered People, Exceptional Health
Vision
Provide the best patient-centered care in the Pacific Northwest.
Values
Service & Relationships



Classes and Workshops

First Aid/CPR/AED

Afternoon Class – 12:30 to 4:30 p.m. April 12
Learn the basics of first response.

A fee of \$45 (exact cash or check) is required in advance to cover the cost of books and materials, and an eCard can be made available upon successful completion of the course. Comfortable clothing is recommended for all participants, and a Spanish interpreter can be provided on request.

Register: Call the Learning Center at 360-427-3609 a week before the start of class.

Location: Mason Health Learning Center, located next to the Shelton McDonald's on Olympic Highway North

Cancer Wellness Workshop

Mason Health, in partnership with *Harmony Hill Retreat Center* and with the financial support of the *Karen Hilburn Cancer Fund*, is hosting virtual cancer support groups. For more information, call 360-432-7706 or email patientnavigator@masongeneral.com.

Time: 4 to 6:30 p.m., 2nd Wednesday of the month

Location: ZOOM or conference call

Cost: Free

SPEAK OUT Therapy Program

Lead locally by Mason Health's **Monica Vinson**, Speech Language Pathologist, the **SPEAK OUT®** Therapy Program, developed by the **Parkinson Voice Project®**, helps people with Parkinson's regain and retain their speech and swallowing. This evidence-based program combines ongoing education for the patient

individual and group speech therapy, daily home practice and re-evaluations.

Time: 12:30 p.m., 1st and 3rd Tuesday of the month

Location: Mason County Senior Activities Center, 190 W. Sentry Drive, Shelton

Cost: Free

Traumatic Brain Injury (TBI) Support Group

Join Mason Health Speech Language Pathologist **Monica Vinson, MS, CCC-SLP**, for a new support group for people living with a traumatic brain injury.

Time: 1 to 2 p.m., the second Tuesday of every month

Location: Mason Health meeting room at the Shelton Family YMCA, 3101 N. Shelton Springs Road, Shelton

Cost: Free