

THURSTON-MASON

# HEALTH CARE CHAMPIONS

**HONORING EVERYDAY HEROIC ACTS,  
STEADFAST DEDICATION, EXTRAORDINARY  
SERVICE & PROFESSIONALISM**

**TUESDAY, JUNE 25, 2019**  
**OLYMPIA COUNTRY & GOLF CLUB**





## **Together, we are leading the way in shaping a healthier future.**

*MultiCare Connected Care is pleased to congratulate the recipients of the Health Care Champions Awards.*

MultiCare Health System has been in the community serving patients for well over a century and in 2014 MultiCare Connected Care (MCC) was created as an independent Accountable Care Organization. MCC has established a comprehensive Clinically Integrated Network that is complemented by independent health care professionals and we honor them for their outstanding commitment to patient care.

Together, we are transforming health care in our region by partnering with providers and patients to empower, engage, and provide unparalleled performance in our region. Thank you for your dedication to our community.



# WELCOME



**Welcome to the 13th Annual Health Care Champions, recognizing three exceptional leaders, and one organization, who have made a significant impact within the health care industry.**

These individuals represent those who provide steadfast dedication, extraordinary service and the professionalism that are seen frequently in our community's medical offices, clinics, hospitals and related organizations.

Our sincere thanks to the dedicated volunteers who reviewed the nominations and had the difficult task of selecting this year's honorees from a phenomenal list of names and organizations submitted for consideration.

**We extend congratulations to this year's honorees.**

**David Schaffert**  
President / CEO  
Thurston County  
Chamber of Commerce

**Danielle Westbrook**  
Executive Director  
Thurston Mason County  
Medical Society

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## PROGRAM

## SOCIAL

## WELCOME

**Thurston County Chamber of Commerce**

**&**

**Thurston-Mason County Medical Society**

## MASTER OF CEREMONIES

**Schelli Slaughter**

*Director, Thurston County Public Health & Social Services*



# Rural Innovation Award

**Eric Moll – Health Care Champion**  
**We're proud to call you "ours"!**

Congratulations, **Eric C. Moll**, Chief Executive Officer, Mason General Hospital & Family of Clinics, for receiving this year's Rural Innovation Award from the Thurston County Chamber, in partnership with the Thurston-Mason County Medical Society. The chamber presents its annual Health Care Champion awards in recognition of heroic acts, steadfast dedication, extraordinary service and professionalism in community health care.



*United Community, Empowered People, Exceptional Health*

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## 2019 HEALTH CARE CHAMPION HONOREES



### DR. LUCINDA GRANDE, M.D. | INNOVATIVE COMMUNITY SERVICE AWARD

Lucinda Grande started medical school at age 40 at the University of Washington. She became fascinated with the mysteries of chronic pain, and explored the neuroscience and clinical science of pain with laboratory research and a partial residency in anesthesiology. She completed residency at Providence St. Peter Family Medicine in 2011, then joined Pioneer Family Practice in Lacey where she has been a partner since 2012.

Dr. Grande's interest in opioid use disorder began when developing an innovative clinic-wide system for tracking opioid pain medicines. She discovered that problematic behaviors were nearly universal - but the little known pain medicine buprenorphine could block drug craving without a drug high or overdose risk. She dubbed buprenorphine the Stealth Medicine, as it remained invisible despite its potency against the fiendish adversaries of chronic pain, addiction and overdose death.

Capital Recovery Center's Olympia Bupe Clinic (OBC) originated with a discussion in 2015 between Dr. Grande and Malika Lamont of the Thurston County Syringe Exchange. They realized that a harm reduction approach could vastly increase access to buprenorphine for people who inject heroin. Opportunities for funding arose through the Medicaid Transformation Demonstration and the Washington State Opioid Response. With astonishing serendipity, a series of brilliantly mission-focused individuals became available, forming a magical team. Within five months, the clinic had treated 350 patients.

OBC is part of Dr. Grande's larger advocacy efforts. She seeks to improve access to opioid treatment medication in high risk populations including those in correctional institutions and hospitals. Her work has led to new policy at the American Medical Association, and to language in Washington State opioid legislation.



### ERIC MOLL | INNOVATION IN RURAL MEDICINE

Eric Moll, Superintendent and Chief Executive Officer. Mr. Moll has been with the District since 2004. He is a graduate of the University of Washington with a Bachelor of Arts degree in Business Administration (Accounting), and has a Master of Business Administration (MBA) from the Wharton School at the University of Pennsylvania. He is also a certified public accountant (CPA). He served as the Chief Financial Officer until 2008 when he was promoted to Chief Administrative Officer, and took his current position in 2013. Mr. Moll has over 23 years of experience in the health care field and is a member of the Healthcare Financial Management Association. Eric's volunteerism includes being a middle school mountain

bike coach and service in a leadership capacity for several state and regional healthcare organizations to include the American Hospital Associate Regional Policy Board, Washington State Hospital Association Board, Washington Rural Health Collaborative, Choice Regional Network, and Washington Hospital Services.



**OUR COMMUNITY**  
**We are proud to honor this year's award recipients.**

**Thank you for your extraordinary service.**

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**CELEBRATING THE CHAMPIONS**

*For more than 30 years, Capital Medical Center has been committed to the health and well-being of the South Sound. Today, we salute our partners in the health care community for your steadfast dedication, extraordinary service and outstanding professionalism that has always been the foundation of our calling. To these unsung heroes behind the scenes on the front lines as health care champions...*

**CONGRATULATIONS!**

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## 2019 HEALTH CARE CHAMPION HONOREES



### CHELSEA D. UNRUH, M.D. | HEALTH CARE PIONEER AWARD

Dr. Unruh is originally from Hillsboro, Oregon. They completed an undergraduate degree in English at Westmont College in Santa Barbara, California. After teaching abroad in Japan for two years, Dr. Unruh returned to Portland, Oregon, to complete post-baccalaureate studies at Portland State University. They attended medical school at Poznan University of Medical Sciences in Poznan, Poland, and completed residency at Providence St. Peter Family Medicine in Olympia in 2017. They are board-certified by the American Board of Family Medicine. Dr. Unruh's primary practice is providing full spectrum family medicine with OB at Yelm Family Medicine in Yelm, Washington. They have also started their own solo private practice, Unruhly Medicine, in Olympia providing gender affirming medical therapies for transgender and gender nonconforming patients.

In residency, Dr. Unruh joined the Washington Academy of Family Physicians, Washington State Medical Association, American Academy of Family Physicians, and the Gay and Lesbian Medical Association (GLMA). After attending their first GLMA conference as an intern, Dr. Unruh volunteered to give CME lectures on LGBTQ cultural competency at the hospital and then was repeatedly invited to lecture at local practices, medical groups, as well as statewide conferences. They recently attended the AAFP National Conference of Constituency Leaders (the national meeting for minority leadership in family medicine) as the WAFP LGBTQ delegate. They have also been a board member of the Thurston Mason county Medical Society and are currently serving as the 2nd term president of this group.

In the two years since finishing residency, outside of medicine Dr. Unruh married their spouse, Monica, bought a house, brought home a puppy, broken their nondominant hand (on their honeymoon!), amongst other smaller life events. They enjoy hiking, gardening, knitting, reading and cooking.



### EILEEN MCKENZIE SULLIVAN & SENIOR SERVICES OF SOUTH SOUND HEALTH CARE SAFETY NET AWARD

For over 40 years, Senior Services for South Sound's mission is to improve the quality of life for people as they age by offering a wide range of programs for seniors and their families, addressing the ever-changing demands of our community and senior concerns. Our progressive and comprehensive services programs include STARS Adult Day Program, Meals on Wheels, Senior Community Dining, Senior Transportation, Care Connection Caregiver Registry, Supportive Services, Health and Wellness Programs, Adult Learning, and Independent Living Programs. We are proud to provide dozens of activities at the Virgil Clarkson Lacey Senior Center and Olympia Senior Center and eight nutritional locations.

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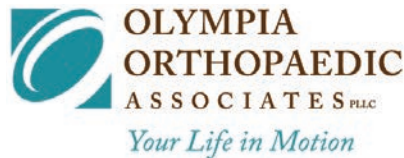
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