

## **ADVANCED DIRECTIVES**

Advance Directives, such as a living will or durable power of attorney for health care, are important legal documents. These documents share what kind of care you would like to receive and who you chose to make healthcare choices for you, if you cannot make them yourself. Planning ahead gives you have a voice in your future health care and helps your loved ones and your health care team make important choices.

Completed Advanced Directives can be delivered to the Health Information Management Office or brought with you to any appointment at Mason Health. Mason Health will retain a copy of the Advanced Directive in your electronic medical record.

The Health Information Management (Medical Records) Office is open Monday- Friday (except holidays), 8 a.m. to 4 p.m., and is located at 2505 Olympic Highway North, Suite 410. HIM/Medical Records can be reached at 360-427-9587 for questions.

Additional information and resources can be found at:

- Durable Power of Attorney Documents
  - https://www.washingtonlawhelp.org/files/C9D2EA3F-0350-D9AF-ACAE-BF37E9BC9FFA/attachments/A41F4CCC-8F4E-4572-82A5-527F464F7B28/9608en\_power-of-attorney-documents.pdf
- Health Care Directive (or "Living Will")
  - https://www.washingtonlawhelp.org/files/C9D2EA3F-0350-D9AF-ACAE-BF37E9BC9FFA/attachments/10774FF5-F531-4E8B-9F81-F384410CB53A/9607en health-care-directive.pdf